

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A lollipop comprising Guarana PE 22%; ~~CitriMax®~~ hydroxycitric acid; and L-Tyrosine.
2. (Original) The lollipop of claim 1 further comprising Vitamin B6.
3. (Currently Amended) The lollipop of claim 2 further comprising Vitamin B12 ~~Cyanacobalamin~~ Cyanocobalamin.
4. (Original) The lollipop of claim 3 further comprising Maltodextrin.
5. (Original) The lollipop of claim 4 further comprising corn syrup.
6. (Currently Amended) The lollipop of claim 5 wherein the components are present in the following amounts:

CONSTITUENT	RANGES
Guarana PE 22 %	220 - 660 mg
CitriMax® <u>Hydroxycitric acid</u>	100 - 400 mg
L-Tyrosine	100 - 400 mg
Vitamin B6	300 mcg - 2 mg
Vitamin B12 Cyanacobalamin <u>Cyanocobalamin</u>	0.540 mcg - 6.000 <u>mg</u>
Corn syrup	3 grams - 15 grams
Maltodextrin	120 - 200 mg

7. (Currently Amended) The lollipop of claim 6 wherein the components are present in the following amounts:

CONSTITUENT	AMOUNT
Guarana PE 22 %	440 mg
CitriMax® <u>Hydroxycitric acid</u>	200 mg
L-Tyrosine	200 mg
Vitamin B6	400 mcg
Vitamin B12 Cyanocobalamin <u>Cyanocobalamin</u>	0.600 mcg
Corn syrup	7 grams
Maltodextrin	160 mg

8. (Withdrawn) A diet method comprising eating the lollipop of claim 1.

9. (Withdrawn) The diet method of claim 8 wherein the lollipop is eaten with a glass of water 30 minutes before eating breakfast, lunch, and dinner.

10. (Withdrawn) The diet method of claim 9 wherein the breakfast includes fresh fruit.

11. (Withdrawn) The diet method of claim 10 wherein the lunch includes protein, vegetables, and complex carbohydrates.

12. (Withdrawn) The diet method of claim 11 wherein the dinner includes protein and vegetables.

13. (Withdrawn) The diet method of claim 12 further including avoiding carbohydrate consumption after dinner.

14. (Withdrawn) The diet method of claim 13 further comprising a prohibition against eating within three hours before bedtime.

15. (New) A lollipop consisting essentially of:

CONSTITUENT	RANGES
Guarana PE 22%	220 - 660 mg
Hydroxycitric acid	100 - 400 mg
L-Tyrosine	100 - 400 mg
Vitamin B6	300 mcg - 2 mg
Vitamin B12 Cyanocobalamin	0.540 mcg - 6.000 mg
Corn syrup	3 grams - 15 grams
Maltodextrin	120 - 200 mg

16. (New) A lollipop consisting essentially of:

CONSTITUENT	AMOUNT
Guarana PE 22%	440 mg
Hydroxycitric acid	200 mg
L-Tyrosine	200 mg
Vitamin B6	400 mcg
Vitamin B12 Cyanocobalamin	0.600 mcg
Corn syrup	7 grams
Maltodextrin	160 mg

17. (New) The lollipop of claim 16 wherein the components comprise a substantially homogeneous composition.

18. (New) The lollipop of claim 15 wherein the lollipop consists of:

CONSTITUENT	RANGES
Guarana PE 22 %	220 - 660 mg
Hydroxycitric acid	100 - 400 mg
L-Tyrosine	100 - 400 mg
Vitamin B6	300 mcg - 2 mg
Vitamin B12 Cyanocobalamin	0.540 mcg - 6.000 mg
Corn syrup	3 grams - 15 grams
Maltodextrin	120 - 200 mg

19. (New) The lollipop of claim 16 wherein the lollipop consists of:

CONSTITUENT	AMOUNT
Guarana PE 22 %	440 mg
Hydroxycitric acid	200 mg
L-Tyrosine	200 mg
Vitamin B6	400 mcg
Vitamin B12 Cyanocobalamin	0.600 mcg
Corn syrup	7 grams
Maltodextrin	160 mg